

Eat while you sing your heart away

Our exciting menu is designed to help you fall in love with sharing. From our signature trio of sliders to our range of sides, our dishes simply Shine.

There are plenty of veggie options and we are more than happy to cater for your special requirements, including ketchup addiction.

Please speak to a member of staff for Allergen Info, Gluten Free & Vegan Options

EAT - SING - SHINE | WWW.SYNC-BAR.COM

Nachos Served with salsa, guacamole, sour cream, jalapeño peppers and melted cheese	£7.00
Loaded Nachos Choose from: cajun pulled chicken / spicy keema BBQ pulled chicken / devilled mushroom	£8.00
Buttermilk Chicken Goujons Chicken strips soaked in spiced buttermilk & breadcrumbed w/ Cajun mayo	£6.00
Crispy Prawn Tempura Lightly battered tiger prawns w/sweet chilli sauce	£7.00

NEW TO THE MENU

Hummus
Delicious home-made Hummus served with Toasted Flatbread
£4.95

Croquettes
Crispy pane-coated sweet potato Croquettes with your choice of Cajun Chicken or Sweetcorn & Red Pepperr
£4.95

EAT / BAR MENU

Pizza 10" Homemade Pizza Base with Marinara sauce

Margherita Mozzarella & basil	£9.00
Veggie Mushroom, sweetcorn, peppers & onions	£10.00
BBQ Pulled Chicken	£12.00
Pepperoni	£12.00
Garlic Pizza Bread (with/without Cheese)	£6.00 / £5.00

Add Jalapeño to your Pizza for 50p more

Pops

Halloumi Pané marinated halloumi cubes w/spicy salsa	£5.00
Jalapeno Panko coated jalapeno slices w/soured cream	£5.00
Mac'n'Cheese Macaroni & three cheese béchamel breaded w/tomato salsa	£5.00

Firecracker Chicken Marinated chicken bites coated in vermicelli breadcrumbs w/sriracha & herbs	£6.00
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Fries

French Fries	£3.00
Cheesy Fries	£4.00
Sweet Potato Fries	£4.50
Dirty Fries topped with melted cheese, fried onions & a house red onion gravy	£4.95

Sliders

Three Sliders in a Toasted Bun & a Side of French Fries

Regular / £8.00

Buttermilk Chicken Chicken fillet soaked in spiced buttermilk & pané w/shredded lettuce & mayo
Cajun Pulled Chicken Shredded chicken breast coated in cajun mayo & spiced asian slaw
Falafel Chickpea patty topped w/ shredded lettuce, roasted peppers & hummus
Crispy Fish Fillet Tempura battered fish fillet topped w/melted cheese & tartar sauce

Dirty / £9.00

Lamb Keema Masala spiced lamb mince & peas w/shredded lettuce & melted cheese
Loaded Buttermilk Chicken Buttermilk chicken slider w/shredded lettuce, turkey bacon, crispy onions, melted cheese & cajun mayo
BBQ Pulled Chicken w/ Mac'n'Cheese Shredded chicken breast coated in our house BBQ sauce w/mac'n'cheese ball & shredded lettuce
Crispy Halloumi & Devilled Mushroom Halloumi fillet w/spiced devilled mushrooms & shredded lettuce

Platters

Ideal for big groups, great for sharing

Pizza Platter Choice of any 2 Pizza's with Garlic Pizza Bread & Fries	£25.00
Veg 3 x Crispy halloumi & devilled mushroom sliders, fries, mac'n'cheese pops, jalapeno pops & margarita naani	£25.00
Chicken 3 x Buttermilk chicken sliders, fries, firecracker chicken pops & BBQ pulled chicken naani	£27.00
Sliders 3 x Buttermilk chicken, 3 x lamb keema, 3 x BBQ pulled chicken, 3 x falafel served with fries	£30.00

Dos Tacos

Two Soft Shell Tacos loaded with your choice of Pulled Cajun Chicken / Crispy Shrimp / Crispy Cod / Pulled Jackfruit and topped with Baby Gem, Salsa, Sour Cream, Chimichurri & Guacamole
£7.95

Crispy Mogo Chips
Triple-Cooked Cassava (Mogo) Chips with a Classic Kenyan Spice
£4.95

Garlic & Chilli King Prawns
King Prawns Tossed in Garlic Butter, Chilli & Tomato
£7.95